
Race begins at 10am
Check-in by 9:15am

A recreational 3 mile trail run &
15 mile mountain bike along the
Eklutna Lake trail that meanders

by the beautiful waters of
Eklutna Lake in majestic
Chugach State Park.

The course is hilly
with a few steep grades.

This race is intended to be a
challenge that just about any
outdoor enthusiast can enjoy.

The race start will be held at the
lakeside trailhead. All proceeds
from the race will be donated to
the Eagle River Nature Center.

The Eagle River Nature Center has provided natural history and educational programs to the residents of the Eagle River area since 1983. And, with support from Friends of Eagle River Nature Center, continues to promote the historical, natural, and recreational resources
within Chugach State Park.



The Sport Shop
Whispering Willows & Clubhouse Bar

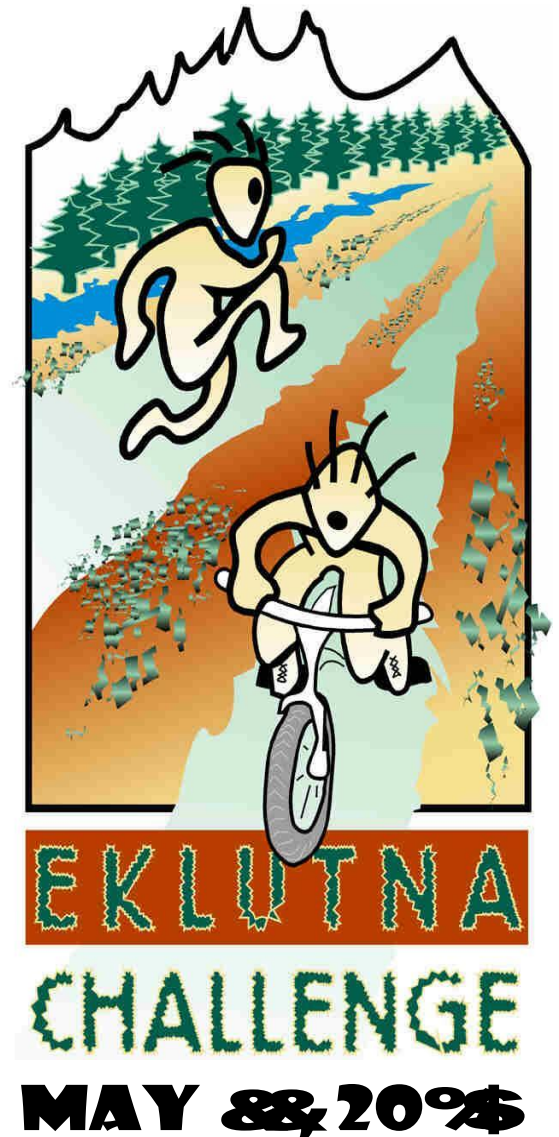
Paramount Cycles, Sunshine Sports,
Skinny Raven

Online registration at
www.active.com

Mail Entries to:

Lifetime Adventures
PO Box 1205
Palmer, AK 99645

907-746-4644
www.lifetimeadventures.net
info@lifetimeadventures.net



3 mile run
15 mile bike

Release and Indemnity

In consideration of your accepting this entry, I the undersigned intending to be legally bound, hereby for myself, my family, my heirs, executors and administrators, forever waive, release from liability and wave any and all claims (whether for personal injury, death, illness, property damaged and/or property loss), including claims for negligence, which I may have as a result of my participation in this race, against the following: Lifetime Adventures, executive, race organizers, volunteers, race sponsors, Chugach State Park, and other participants in this race. I acknowledge that trail running and mountain biking are sports with risks (both known and unknown) inherent in it, and in signing this entry form it is my intention to accept those risks, and all consequences thereof, for myself alone. I acknowledge that I have read this release in its entirety and understand and agree to be bound by its terms, and that I am signing it voluntarily without duress or undue influence from anyone.

Signature (or Parent/Guardian for entrants under 18) Date

ENTRY FORM

One entry per form. Mail to Lifetime Adventures,

P.O.Box 1205, Palmer, AK, 99645 or drop off at eagle river camp-ground

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Age: _____ (Must be 12+)

Phone: _____

Email: _____

Emergency Contact:

Name: _____

Phone: _____

Adult size: ___ S ___ M ___ L ___ XL

Gender: ___ F ___ M

F E E S

Pre-race before \$25 \$ _____

\$30 (after May 35) \$ _____

Bike rental \$10 \$ _____ (available by Lifetime Adventures)

Be Cool—Register early!

Early sign up is cheaper!

Be Selfless—Volunteer!

Race volunteers are needed! Help out and sign up if you are not racing.

Be Informed...

- Bike helmets must be worn during the race.
- Anyone leaving the transition area without their helmet buckled will be disqualified.
- Participants under the age of 18 **MUST** be accompanied by an adult.
- Bike stands are not provided.
- There are no water stations on the course but water will be provided in the transition area. Please bring water with you.
- This is a wilderness race. The course may contain sticks, rocks, loose gravel, stumps, racers and other trail users. Please exercise caution. Emergency personnel will be available. Race and personnel will not be responsible for any injuries incurred in race.
- Race parking will be provided in designated areas only. Participants are asked to not park in the main public parking area. We encourage you to carpool!

Register today! Only 200 racers allowed!

There are only 200 racers, there is an early sign up of \$25 before May 21, or \$30 after.

NO RACE DAY REGISTRATION. Sign up till midnight May 22 at www.Active.com

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RACE START AT 10AM

**Participants must be 12
years or older to
participate in the
Eklutna Challenge.**